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UTENA HIGHER EDUCATION
INSTITUTION



ERASMUS+
BLENDED INTENSIVE PROGRAMME
“SUSTAINABLE CONSUMPTION”

BIP No. 2023-1-LT01-KA131-HED-000118639-1

7-11 October 2024
UTENA, LITHUANIA

Arrival.

06-10-2024
Sunday

07-10-2024, Monday (Utenio sq. 2, Utena)



Morning coffee. 8.30-9.00

**Kick-off. Welcome to Utena Higher Education Institution.
Presentation of Utena Higher Education Institution.**

9.00-9.30

Deividas Kurlavičius, Utena Higher Education Institution, Lithuania

Presentation of BIP program.

Giedrė Kosteckienė, Utena Higher Education Institution, Lithuania

**Business and sustainability. Promoting sustainable consumption and
production. Circular economy.**

9.30-11.00

Dr. Rūta Meištė, Utena Higher Education Institution, Lithuania

Task presentation. Division into groups.

11.10-11.45

Rūta Puidokaitė-Savickienė, Utena Higher Education Institution, Lithuania



Lunch break. 12.00-13.00 (winery - restaurant „Burgundija“, J. Basanavičiaus str. 55, Utena)

Group 1. Sustainability in Public Sector.

Deividas Kurlavičius, Utena Higher Education Institution, Lithuania (Room 305)

Group 2. Sustainability in Healthcare Services.

13.00-14.30

Giedrė Kosteckienė, Utena Higher Education Institution, Lithuania (Room 505)

Maironio str. 18,
Utena

Group 3. Sustainability in the Beauty Business.

Rūta Puidokaitė-Savickienė, Utena Higher Education Institution, Lithuania (Room 507)

Group 4 and Group 5. Sustainability Aspects of Transport and Logistic.

Dr. Akvilė Čibinskienė, Utena Higher Education Institution, Lithuania (Room 403)

**Group work. Getting to know the company on assignment: finding
information. Compiling a list of questions for the company visit**

14.30-15.30

Rooms 901, 902
Maironio str. 18

SOCIAL PROGRAMME . Traditional Crafts Centre "Svirnas" (Meeting at 15.30, Maironio str. 18) 16.00-18.00



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08-10-2024, Tuesday (Maironio str. 18 - 503, Utena)



Morning coffee. 8.30-9.00

Practical Activities in the Real Companies.

Group 1. The Public Library of Utena A. and M. Miškini, <https://www.uvb.lt/>
Consultant-Coordinator D. Kuralvičius, Utena Higher Education Institution, Lithuania

Group 2. KOS Dental Clinic, <https://kosdental.lt/>
Consultant-Coordinator G. Kosteckienė, Utena Higher Education Institution, Lithuania

Group 3. Tilia Beauty and Spa Centre, <https://tiliacentras.lt/>
Consultant-Coordinator R. Puidokaitė-Savickienė, Utena Higher Education Institution, Lithuania

Group 4. UAB “Hermes Asset Management”, <http://www.ham.lt/>
Consultant-Coordinator J. Aksomitienė, Utena Higher Education Institution, Lithuania

Group 5. UAB Rokiškio pienas, <https://www.rokiskio.com/>
Consultant-Coordinator Ž. Zaviša, Utena Higher Education Institution, Lithuania

9.00-12.00

Maironio str. 12,
Utena

Aukštakalnio str.
108-20, Utena

Maironio str. 12,
Utena

Aukštaičių str. 4,
Utena

Pramonės str. 8,
Utena



Lunch break. 12.30-13.30 (winery - restaurant „Burgundija“, J. Basanavičiaus str. 55, Utena)

Sharing good experience on sustainable consumption. Good and bad examples from practice.

Workshop: how to enhance sustainable consumption in our life.

Dr. Rūta Meištetė, Utena Higher Education Institution, Lithuania

13.30-15.00

Utenio sq. 2,
Utena

Group work. Getting to know the company on assignment: finding information. Compiling a list of questions for the company visit

15.30-16.30

Rooms 901, 403
Maironio str. 18

SOCIAL PROGRAMME - Bowling tournament (Aukštaičių str. 3B, Utena)

17.00-20.00



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09-10-2024, Wednesday (Maironio str. 18- 503, Utena)



Morning coffee. 8.30-9.15

Practical Activities in the Real Companies.

Group 1. The Public Library of Utena A. and M. Miškini, <https://www.uvb.lt/>
Consultant-Coordinator D. Kuralvičius, Utena Higher Education Institution, Lithuania

Group 2. KOS Dental Clinic, <https://kosdental.lt/>
Consultant-Coordinator G. Kosteckienė, Utena Higher Education Institution, Lithuania

Group 3. Tilia Beauty and Spa Centre, <https://tiliacentras.lt/>
Consultant-Coordinator R. Puidokaitė-Savickienė, Utena Higher Education Institution, Lithuania

Group 4. UAB “Hermes Asset Management”, <http://www.ham.lt/>
Consultant-Coordinator J. Aksomitienė, Utena Higher Education Institution, Lithuania

Group 5. UAB Rokiškio pienas, <https://www.rokiskio.com/>
Consultant-Coordinator Ž. Zaviša, Utena Higher Education Institution, Lithuania

9.30-12.00

Maironio str. 12,
Utena

Aukštakalnio str.
108-20, Utena

Maironio str. 12,
Utena

Aukštaičių str. 4,
Utena

Pramonės str. 8,
Utena



Lunch break. 12.00-13.00 (winery - restaurant „Burgundija“, J. Basanavičiaus str. 55, Utena)

Group 1. Sustainability in Public Sector.

Deividas Kurlavičius, Utena Higher Education Institution, Lithuania (**Room 36**)

Group 2. Sustainability in Healthcare Services.

Giedrė Kosteckienė, Utena Higher Education Institution, Lithuania (**Room 505**)

Group 3. Sustainability in the Beauty Business.

Rūta Puidokaitė-Savickienė, Utena Higher Education Institution, Lithuania (**Room 507**)

Group 4 and Group 5. Sustainability Aspects of Transport and Logistic.

Dr. Akvilė Čibinskienė, Utena Higher Education Institution, Lithuania (**Room 403**)

13.00-14.30

Maironio str. 7,
Utena

Maironio str. 18,
Utena

**SOCIAL PROGRAMME. STEAM Open Access Centre (Meeting at 15.00,
Maironio str. 18)**

15.30-17.00

K. Ladygos g.
18C, Utena



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10-10-2024, Thursday (Maironio str. 18- 503, Utena)



Morning coffee. 9.00-9.30

Group work. Preparation of the presentations.

9.30-12.00
Rooms 902, 403



Lunch break. 12.00-13.30 (winery - restaurant „Burgundija“, J. Basanavičiaus str. 55, Utena)

Group work. Preparation of the presentations.

13.30-15.30
Rooms 902, 403

SOCIAL PROGRAMME - An Evening of Lithuanian Culture

16.00-20.00
Utena Cultural Centre,
Aušros str. 49,
Utena

11-10-2024, Friday (Utenio sq. 2, Utena)



Morning coffee. 9.00-9.30

Final presentations (20 min each group). Discussion. Comments.

9.30-11.30

Awarding of certificates. Wrapping up the programme.

11.30-12.00



Tea and coffee discussion. 12.00-13.00 (Utenio sq. 2, Utena)

Departure

12-10-2024
Saturday