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UTENA HIGHER EDUCATION
INSTITUTION



**ERASMUS+
BLENDED INTENSIVE PROGRAMME**

“SUSTAINABLE CONSUMPTION”

BIP No. 2023-1-LT01-KA131-HED-000118639-1

**25-27 September 2024
REMOTELY**

BIP introduction meeting. Presentations of participants.

25-09-2024
Wednesday

16.00-17.00

**Introduction to the Sustainable Consumption:
What is it? Why it is being promoted? What are
the means to achieve it? Why is it good for the
company and society?**

dr. Rūta Meišė, Utena Higher Education Institution, Lithuania

26-09-2024
Thursday

17.00-18.30

**Sustainable Consumption and Sustainable
Management: Synergies in Business**

dr. Rūta Meišė, Utena Higher Education Institution, Lithuania

27-09-2024
Friday

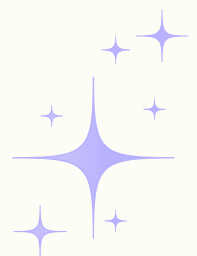
17.00-18.30

Zoom:

<https://us02web.zoom.us/j/85653149080?pwd=NEEx4azFibElrbmJscktwSC9xS1lwQT09>

Meeting ID: 856 5314 9080

Passcode: UK_2020vr





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BIP No. 2023-1-LT01-KA131-HED-000118639-1

7-11 October 2024
UTENA, LITHUANIA

Arrival.

06-10-2024
Sunday

07-10-2024, Monday (Utenio sq. 2, Utena)



Morning coffee. 8.30-9.00

**Kick-off. Welcome to Utena Higher Education Institution.
Presentation of Utena Higher Education Institution.**

Deividas Kurlavičius, Utena Higher Education Institution, Lithuania

Presentation of BIP program.

Giedrė Kosteckienė, Utena Higher Education Institution, Lithuania

**Business and sustainability. Promoting sustainable consumption and
production. Circular economy.**

Dr. Rūta Meištė, Utena Higher Education Institution, Lithuania

Task presentation. Division into groups.

Rūta Puidokaitė-Savickienė, Utena Higher Education Institution, Lithuania

9.00-9.30

9.30-11.00

11.10-11.45



Lunch break. 12.00-13.00 (Utenio sq. 2, Utena)

Group 1. Sustainability in Public Sector.

Deividas Kurlavičius, Utena Higher Education Institution, Lithuania (Room 506)

Group 2. Sustainability in Healthcare Services.

Giedrė Kosteckienė, Utena Higher Education Institution, Lithuania (Room 505)

Group 3. Sustainability in the Beauty Business.

Rūta Puidokaitė-Savickienė, Utena Higher Education Institution, Lithuania (Room 507)

Group 4 and Group 5. Sustainability Aspects of Transport and Logistic.

Dr. Akvilė Čibinskienė, Utena Higher Education Institution, Lithuania (Room 207)

**Group work. Getting to know the company on assignment: finding
information. Compiling a list of questions for the company visit**

13.00-14.30
Maironio str. 18,
Utena

14.30-15.30
Rooms 901, 902
Maironio str. 18

SOCIAL PROGRAMME . Traditional Crafts Centre "Svirnas" (Meeting at 15.30, Maironio str. 18) 16.00-18.00



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UTENA, LITHUANIA

08-10-2024, Tuesday (Maironio str. 18 - 503, Utena)



Morning coffee. 8.30-9.00

Practical Activities in the Real Companies.

Group 1. The Public Library of Utena A. and M. Miškini, <https://www.uvb.lt/>
Consultant-Coordinator D. Kuralvičius, Utena Higher Education Institution, Lithuania

Group 2. KOS Dental Clinic, <https://kosdental.lt/>
Consultant-Coordinator G. Kosteckienė, Utena Higher Education Institution, Lithuania

Group 3. Tilia Beauty and Spa Centre, <https://tiliacentras.lt/>
Consultant-Coordinator R. Puidokaitė-Savickienė, Utena Higher Education Institution, Lithuania

Group 4. UAB “Hermes Asset Management”, <http://www.ham.lt/>
Consultant-Coordinator J. Aksomitienė, Utena Higher Education Institution, Lithuania

Group 5. UAB Rokiškio pienas, <https://www.rokiskio.com/>
Consultant-Coordinator Ž. Zaviša, Utena Higher Education Institution, Lithuania

9.00-12.00

Maironio str. 12,
Utena

Aukštakalnio str.
108-20, Utena

Maironio str. 12,
Utena

Aukštaičių str. 4,
Utena

Pramonės str. 8,
Utena



Lunch break. 12.30-13.30 (Utenio sq. 2, Utena)

Sharing good experience on sustainable consumption. Good and bad examples from practice.

Workshop: how to enhance sustainable consumption in our life.

Dr. Rūta Meištė, Utena Higher Education Institution, Lithuania

13.30-15.00

Utenio sq. 2,
Utena

Group work. Getting to know the company on assignment: finding information. Compiling a list of questions for the company visit

15.30-16.30

Rooms 901, 902
Maironio str. 18

SOCIAL PROGRAMME - Bowling tournament (Aukštaičių str. 3B, Utena)

17.00-20.00



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09-10-2024, Wednesday (Maironio str. 18- 503, Utena)



Morning coffee. 8.30-9.15

Practical Activities in the Real Companies.

Group 1. The Public Library of Utena A. and M. Miškini, <https://www.uvb.lt/>
Consultant-Coordinator D. Kuralvičius, Utena Higher Education Institution, Lithuania

Group 2. KOS Dental Clinic, <https://kosdental.lt/>
Consultant-Coordinator G. Kosteckienė, Utena Higher Education Institution, Lithuania

Group 3. Tilia Beauty and Spa Centre, <https://tiliacentras.lt/>
Consultant-Coordinator R. Puidokaitė-Savickienė, Utena Higher Education Institution, Lithuania

Group 4. UAB “Hermes Asset Management”, <http://www.ham.lt/>
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9.30-12.00

Maironio str. 12,
Utena

Aukštakalnio str.
108-20, Utena

Maironio str. 12,
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Aukštaičių str. 4,
Utena

Pramonės str. 8,
Utena



Lunch break. 12.00-13.00 (Utenio sq. 2, Utena)

Group 1. Sustainability in Public Sector.

Deividas Kurlavičius, Utena Higher Education Institution, Lithuania (**Room 506**)

Group 2. Sustainability in Healthcare Services.

Giedrė Kosteckienė, Utena Higher Education Institution, Lithuania (**Room 505**)

Group 3. Sustainability in the Beauty Business.

Rūta Puidokaitė-Savickienė, Utena Higher Education Institution, Lithuania (**Room 507**)

Group 4 and Group 5. Sustainability Aspects of Transport and Logistic.

Dr. Akvilė Čibinskienė, Utena Higher Education Institution, Lithuania (**Room 210**)

13.00-14.30

Maironio str. 18,
Utena

SOCIAL PROGRAMME. STEAM Open Access Centre (Meeting at 15.00, Maironio str. 18)

15.30-17.00
K. Ladygos g.
18C, Utena



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**7-11 October 2024
UTENA, LITHUANIA**

10-10-2024, Thursday (Maironio str. 18- 503, Utena)



Morning coffee. 9.00-9.30

Group work. Preparation of the presentations.

9.30-12.00
Rooms 901, 902



Lunch break. 12.00-13.30 (Utenio sq. 2, Utena)

Group work. Preparation of the presentations.

13.30-15.30
Rooms 901, 902

SOCIAL PROGRAMME - An Evening of Lithuanian Culture

16.00-20.00
Utena Cultural Centre,
Aušros str. 49,
Utena

11-10-2024, Friday (Utenio sq. 2, Utena)



Morning coffee. 9.00-9.30

Final presentations (20 min each group). Discussion. Comments.

9.30-11.30

Awarding of certificates. Wrapping up the programme.

11.30-12.00



Lunch break. 12.00-13.00 (Utenio sq. 2, Utena)

Departure

**12-10-2024
Saturday**